My 2026 Year in Review

Look back before you look ahead · Ages 5–12

Name: _____ Date: _____

Draw your favorite day of 2026.

My favorite memory:

_____

_____

Something I learned:

_____

_____

Something I'm proud of:

_____

_____

One word for my year: _____

In 2027, I want to try: _____

My 2027 Goals

Picture version · Ages 5–7 · A grown-up can read and write the words

Name: _____

1. Circle up to 3 things you want to do in 2027.



Read with a grown-up



Help at home



Be kind



Try new foods



Ride my bike



Draw and make



Make my bed



Brush my teeth



Learn a song

2. Draw up to 3 goals in the bubbles.

Goal 1

_____

Goal 2

_____

Goal 3

_____

My goal helper is: _____ Start date: _____

My 2027 Goals

Written version · Ages 8–12

Name: _____ Date: _____

Tip: *make it small and specific, like “read 10 minutes before bed” instead of “read more.”*
Pick 1 to 3 goals. Your first step should be something you can do this week.

1 Goal 1

My goal: _____

Why I want it: _____

My first step: _____

Who can help: _____

2 Goal 2

My goal: _____

Why I want it: _____

My first step: _____

Who can help: _____

3 Goal 3

My goal: _____

Why I want it: _____

My first step: _____

Who can help: _____

Our family goal for 2027: _____

Our check-in day each month: _____

My 2027 Goal Tracker

Color a square or add a sticker each month you work on a goal.

Name: _____ Check-in day: _____

Month	Goal 1 _____ _____	Goal 2 _____ _____	Goal 3 _____ _____	Family goal _____ _____
January	☐	☐	☐	☐
February	☐	☐	☐	☐
March	☐	☐	☐	☐
April	☐	☐	☐	☐
May	☐	☐	☐	☐
June	☐	☐	☐	☐
July	☐	☐	☐	☐
August	☐	☐	☐	☐
September	☐	☐	☐	☐
October	☐	☐	☐	☐
November	☐	☐	☐	☐
December	☐	☐	☐	☐

How to use: write a short name for each goal at the top. On check-in day, talk about how it went.
Color the square or add a sticker for each goal you worked on that month.
Missed a month? Leave it blank and keep going. You can swap a goal for a new one any time.

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